

Your ParentsNext provider will help you create a Participation Plan

The plan will help you identify your study and work goals and take the next steps in preparing for work before your youngest child starts school.

The plan includes:

- Your study and work goals
- The activities and appointments you've agreed to.

Your Parenting Payment won't be affected if you miss an appointment or activity in your plan.

You control your Participation Plan

- When you make a new plan with your ParentsNext provider, you can take time to think about it before you sign
- If an activity doesn't work for you, you can talk to your provider about changing it
- Your plan helps you keep on track and lets you see how you are working toward your goals
- Your Parenting Payment won't be affected if you miss an activity on your plan.

Please tell your provider if your circumstances change (for example, if you have no transport or move). They will work with you to change your plan.



For more information go to:
dewr.gov.au/parentsnext



**Making the most of
your Participation Plan**

Choosing activities

Your provider will work with you to find the right activities for you and your family. They might include:

- Building skills to get you ready to look for a job such as writing resumes, interview practice or getting a licence
- Work experience or volunteering
- Training courses, study or university
- Getting support through local services like counselling or community groups.

If you're already studying, working or volunteering when you join ParentsNext, these can be included as activities in your plan.

Help with key skills

You might need help with things like reading, writing, using technology, or improving your English language skills. There are activities you can choose that can help you feel more confident:

- Skills for Education and Employment (SEE) teaches reading, writing, numeracy and digital skills
- Australian Migrant English Program (AMEP) can help build English language skills.

Getting ready for work

You don't have to look for work while taking part in ParentsNext, but you might want to find out how you can be better prepared for work when you are ready.

ParentsNext providers use a tool called Work Star to create a picture of your strengths and areas where you might need extra support.

Your Work Star results can help you and your provider choose the right activities for you.

Help with costs

If you need help to pay for the cost of things relating to your activity, you can ask your provider whether you may be able to access the ParentsNext Participation Fund.

You may be able to get help with:

- Paying for your study
- Getting driving lessons or paying for your licence
- Equipment and clothing for work
- Books and laptops for study.

